

Per 100 g.		
Protein	11.85	g
Ash	1.25	g
Carbohydrates	76.85	g
Fiber	9.85	g
Sugars	67	g
Calories	345/1422.6	Cal/kg
Fat	1.55	g
Saturated	0	g
Unsaturated	1.55	g
Cholesterol	0	mg
Sodium	5.1	mg
Water	8.5	g
Vitamin A	6.95	IU
Vitamin B	6.4	mg
Vitamin C	1800	mg
Vitamin D	0	mg
Vitamin E	0.6	mg
Vitamin K	1.47	mcg
Calcium	26.24	mg
Iron	3	mg
Magnesium	106.5	mg
Potassium	312.6	mg